

Chelsea Sports 2015

Below is the current list of Sport Events/tournaments that are organised through the school.

If you hear of other schools attending tournament/zone days for other sports please contact either Cary McKechnie – carymckechnie@gmail.com or Anaru Bickford – anaru@chelsea.school.nz

Sports Calendar, Term 1 & 2 – Tournaments, School & Inter-School Events

Event Date	Sport Tournament/Event
6 th March 2015	Takapuna Cricket Tournament (Y5/Y6 Competitive)
3 rd March 2015	Takapuna Cricket Tournament (Girls)
4 th March 2015	Takapuna Cricket Tournament (Y5/Y6 Social)
5 th March 2015	Takapuna Cricket Tournament (Y3/Y4)
10 March 2015	Junior Swimming Sports (Y1 to Y3)
11 March 2015	Senior Swimming Sports (Y4 – Y6)
19 th March 2015	Birkenhead Cricket Tournament (Y5/Y6) (Save day 26 th March)
18 th March 2015	Interschool Swimming Sports
22 nd March 2015	North Shore Weetbix Tryathlon
28 th March 2015	Xrace Totara park Auckland www.xrace.co.nz 2.00pm start
29 th March 2015	Shore to Shore fun run (fun family event 9am start Takapuna Girls College)
19 th April 2015	Netball Tournament (Y2 to Y6)
4 th June 2015	Rippa Rugby Zone Day Y3 to Y6 (Save day Tues 9 th June)
24 th June 2015	Netball Y6 Field Day 9am – 2:30pm
19 th July 2015	Netball Y5/Y6 Tournament

Sports Committee

The Sports Committee is made up of parent volunteer representatives, Lara Campbell, Stephaine Allen, Terese Elias, Cary McKechnie, Sheree Morrison, Karen Orsler with Anaru Bickford as the teacher representative with input from Sue Mulcahy.

There are a number of our parent representatives who would like to hand their duties over, so if you have a keen interest in sport and want to help us to continue to offer a wide variety of sport and achieve our mission and vision for the children of Chelsea, we would love to hear from you. Please contact any of the current Committee members for further information.

In school sports experiences

Term 1 2015. Mr Anaru Bickford and Mr Nick Smud will be making the school pool available during lunchtimes.

Undergraduates – Monday lunchtimes with Mr Smud

Bachelors – Wednesday lunchtimes with Mr Smud

PHDs – Tuesday lunchtimes with Mr Bickford

Masters – Thursday lunchtimes with Mr Bickford

Lunch time school coaching sessions

Sport Coaching - Throughout the year where possible a representative from North Harbour Sport will come to Chelsea and take a few training sessions during lunchtime with the kids for various sports. Please keep an eye out in the School Newsletter and notices for what is happening.

New Sports Equipment

There was a big clean up in the P.E shed during 2014, which has resulted in a very organised P.E. Shed which we plan to keep that way during 2015! The P.E. is very well sourced, which is mainly due to the efforts of the sports committee over the last few years regularly assessing what equipment is required or what needs to be replaced. If you notice a need for any particular sports equipment please contact a member of the Sports Committee.

Sports Uniforms

The Sports Committee are looking to buy a number of new uniforms this year to replace old ones as well as increase the number of uniforms we have to ensure all children are kitted out for the sports they will play during 2015. However, as we cannot stock sports uniform for every child at Chelsea we do require the children or parents return their sports uniform as soon as the playing season has ended.

Sports uniforms should be returned washed in a named plastic bag to the school office when it is no longer needed. If Sports

Where uniforms not return by the end of the playing season a invoice will be sent home for the cost of the uniform.

Coaching support

We realise that none of our children would be able to play all the sport they do without all those wonderful parents that volunteer to coach. We want to be able to offer our coaches more support which is why we have joined a Coaching Support Initiative (CSI) run by Harbour Sport. This entitles our coaches to attend free coaching seminars, they offer experienced coaches to come out to your training sessions to give advice on how to improve, keep the kids interested etc. In addition they can provide age appropriate coaching drills for any sport. So if you have thought about coaching but don't think you have the skills etc don't be shy please for the kids sake give it a go! We need coaches and managers in order for teams to proceed. Coaching can be rewarding and fun, and can be shared between two people. You don't need to know everything about the sport in order to coach!! It is always unfortunate when we have to cancel teams due to the inability to find coaches. We can organise support for you through CSI and Harbour Sport if you want or need.

Winter Sports and Summer League Sport Notices

Sports notices for children who intend to play sport are given to each syndicate when registrations are being taken. If your child has not received a notice and they want to play, spare notices are kept in the school office and are also posted on the website. Most notices go out at the end of each term so that teams can be organised before the beginning of the upcoming term. Usually reminders are put in the school newsletters so that parents know what is available. A full list of sports organised through the school are listed at the end of this newsletter.

Fees

The cost of each sport varies greatly. We divide the total cost for registrations by the minimum number of children on a court/field at one time. Within the total is club fees for the team, uniform hireage and end of year prizegiving. We need payment when registering as it ensures commitment to playing and the ability to then form teams. Refunds of any overpayments will be given once teams are registered with the appropriate club.

Sports Newsletters

We will endeavour to produce a sports newsletter half yearly which will be sent via email and also be posted on the sports section of the website. Please feel free to email any news re players/team results to one of the sports co-ordinators listed below to include in the newsletter. If your child has achieved something special in a sport outside of the school, then please let us know.

Sports Website

All Sports information can be found on the sports section of the school website and we are trying to add to it and improve it all the time. The aim is that the website should be the first port of call for parents to find out any information. You should be able to find sports available, registration forms, draws, coaching drills, photos etc. So please in the first instance check the website but if you need further information on a particular sport please contact the appropriate co-ordinator directly, please refer the list below for the coordinator.

A full list of all the sports currently available at Chelsea is listed at the bottom of this newsletter with details of when the seasons run etc.

Basketball	Lara Campbell (Batty)	laraandbrett@xtra.co.nz
Summer Soccer	Lara Campbell	
Netball	Shiree Morrison	shiree-sports@vodafone.co.nz
Flipper Ball	Steph Allen	jandsallen@ihug.co.nz
Touch Rugby	Cary McKechnie	carymckechnie@gmail.com
Hockey	Cary McKechnie	
Weet-Bix Tryathlon	Cary McKechnie	
Rippa Rugby Tournament	Cary McKechnie	
School Zone Days	Anaru Bickford	anaru@chelsea.school.nz
Shore to Shore Fun Run	Anaru Bickford	
Sports uniforms	Karen Oriser	mcvaykaren@hotmail.com
Dance Sport	Carole Carkeek	carole@chelsea.school.nz

It would be appreciated if you could familiarise yourself and your child with the attached code of conduct to ensure we achieve a safe, fair, respectful and enjoyable sporting environment for our children.

We have a fantastic array of sports available! A big thank you in advance to all the parents and coaches who will volunteer their time to provide our children with so many wonderful sporting opportunities during 2015.

We would also like to recognize the students who participation and commit to their chosen sports.

We are always so proud of the way you conduct yourselves and represent Chelsea School on the sports field/court and look forward to another great year of sports here at Chelsea!

Remember to respect yourselves, your team members, your competitors, your coach, your manager; have fun and enjoy your sporting codes, good luck for 2015!

Chelsea School Sports Committee

CHELSEA PRIMARY CODE OF CONDUCT – SPORTS AND SCHOOL EVENTS

(applies to all sports and physical activity at Chelsea whether it takes place at school or outside of the school)

Code of Conduct Students:

- ✓ Make sure you attend all trainings where possible.
- ✓ A high standard of behaviour is expected from all students. Unacceptable behaviour will disqualify a pupil from representing the school.
- ✓ Parental permission for participation is required.
- ✓ Always play by the rules and agree with an official or their decision whatever the circumstances.
- ✓ Work hard to achieve the team goals.
- ✓ Remember to thank your coach, the official and the opposition. Always be a good sport and applaud good play.
- ✓ Do not put people down or bully them. The aim of the game is for everyone is to have fun, participate and improve their skills. Treat all players as you yourself would like to be treated.
- ✓ Respect the equipment.

Code of Conduct for Coaches and Managers:

- ✓ Set personal behaviour standards for those you coach and for yourself to follow. Teach your players that rules of the game on the field and standards off the field are mutual agreements which are not to be broken under any circumstances.
- ✓ Avoid over playing the talented players. All players need and deserve equal game time to ensure they feel they are participating and more game time will improve skills over time. It is important to play as a team and remember the parents of new or weaker players have paid the same fees as the more talented players.
- ✓ A coach encompasses many roles. The overall role is that players need the coach to set a good example at all times.
- ✓ Ensure all equipment and facilities meet safety standards and that activities you use are both safe and effective for your players' needs.
- ✓ Never forget that players participate for fun and enjoyment and that winning is only one component of why they participate.
- ✓ Do not neglect planning and preparation for practices and games. Length and content of practices should take into account the maturity level of players.

Code of Conduct for Parents Spectators and Supporters:

- ✓ Insist that your child plays within the rules and the principles of fair play and condemn the use of violence and unsportsmanlike play in any form.
- ✓ Players are involved in their chosen sport for their own interests and enjoyment. You play a major part in their efforts but ensure that you respect that they are involved for their own personal reasons and not as a spectacle for your enjoyment.
- ✓ Turn defeat into victory by helping your child work towards skills development and good sportsmanship. Never ridicule, degrade or yell at any player for making a mistake.
- ✓ Children learn the most from the examples you set. Always act in a positive manner and demonstrate self-discipline and even temperament on the sideline.
- ✓ Always remember coaches are volunteers. Their time and efforts are for the benefit of your child. Refrain from profane or abusive language or criticism of the coach or referee/umpire. Anyone deemed to be abusive may be asked by officials to leave the ground immediately.
- ✓ Show your appreciation of volunteers and those who help make sport happen. It is easy to criticise but not so easy to take up the challenge your self.
- ✓ Always support officials and coaches by accepting their decisions and judgements. Remember – No official, no coach – no game.
- ✓ It is of vital importance that you play your part in removing verbal and physical abuse from your child's sporting environment.
- ✓ Above all, act as a positive role model for your child and team. Always support the coach.

Chelsea Sports Mission and Vision Statement

OUR PURPOSE

(Why are we here?)

To promote and encourage participation in a wide variety of sports and to create a safe, fair, respectful and enjoyable sporting environment for our children.

OUR VISION

(What we want for our children)

To increase the level of participation in sport as a way to increase fitness, build self-esteem, learn teamwork, social skills and develop lifelong habits of being actively involved in sport and physical activity.

OUR VALUES

(What do we want to encourage our children to do?)

- Whanau- Working together, offering support and encouragement, accepting each other to create a positive sporting community.
- Excellence- Persevering and acknowledging success, creating an attitude of trying your best.
- Respect- Showing respect for referees/umpires, coaches, team mates, supporters and opponents as well as themselves and their environment.
- Opportunities- Have a go! Experience different activities to find what you like in order to be physically active. Be proud of yourself and never give up!
- Fair Play- Play within the rules of the game, ensure players, coaches and supporters maintain discipline and all team members are given a fair go.
- Energy- Fun and positive environment to ensure our children continue to participate.

Winter/Summer Sports available during 2015

Please find below a brief overview of sports currently available through Chelsea School and other relevant information. This may be particularly beneficial to those families new to the school.

SCHOOL TEAMS

BASKETBALL

Years 2-3-4 play on Tuesdays at the North Shore Events Centre in Glenfield between 3.30-6pm.

Years 5 play on a Thursday between 3.30-6.30pm at the YMCA Akoranga Drive.

Years 6 play at the YMCA on Fridays 3.30-8.30pm.

Semester 1 begins in **March** and runs through till the **end of term 2**.

Semester 2 begins in **August** and runs through **terms 3 and 4**.

Trials will take place where there is more than one team in year 5 or 6. The teams will be selected by an independent selector.

For more info please contact Lara Campbell - laraandbrett@xtra.co.nz

NETBALL

Netball is available for years 1-6, and can be played by both girls and boys.

Year 0-1 play on a Saturday morning at Pinehurst between 8.45am-1.00pm (May – September)

Year 2-4 play on a Saturday at Westlake Girls between 9-1pm (May – August)

Year 5 play on a Monday at Netball North Harbour between 4-7pm (May – September)

Year 6 play on a Wednesday at Netball North Harbour between 4-7pm (May – September)

Netball runs through **terms 2 and 3**. The registration forms will go out in late Feb/early March.

The Y4 to Y6 teams are selected by trial by an independent selector from Netball North Harbour. Everyone will be placed in a team and, where possible, within their year group. Trials for years 5, 6 and maybe year 4 will be held mid to late March.

There are junior umpire courses run by Netball North Harbour at the beginning of each year for any interested Year 6 students. In addition they also run clinics for new coaches around April each year.

SPRING/SUMMER NETBALL

Spring/Summer netball runs for 4 weeks in **Term 4**.

Year 1 play at AMI Netball Centre in Northcote on Saturday mornings.

Years 2-6 play at AMI Netball Centre in Northcote on Wednesdays between 4-6.30pm.

Registrations forms will go out in September.

For more info on either winter or summer netball please contact:

Shiree Morrison - shiree-sports@vodafone.co.nz

HOCKEY

Available for **Years 3-6**, all games are played at the Crown Relocations Centre in Albany (off Paul Matthews Drive). Games are played on a Monday night between 4-6pm for years 3 and 4 and 6-8pm for years 5 and 6. The season runs through **terms 2 and 3**.

The option of midget hockey is available to years 1 and 2 through North Harbour Hockey and is played on Saturday mornings. You must contact them directly as this is not run through the school.

SUMMER HOCKEY

Available for **Years 0-6**, all games are played at the Crown Relocations Centre in Albany (off Paul Matthews Drive). Games are usually played on a Monday night between 4-6pm. There is also a Tuesday competition for experienced Y5/Y6 players. The season starts end of Oct and finishes mid Dec.

For further info on either Winter or Summer Hockey please contact Cary McKechnie – carymckechnie@gmail.com

FLIPPA BALL

This is played at the Millenium Centre in Mairangi Bay on Sundays between 3-8pm. This is waterpolo played at Primary school level with a smaller ball. Children must be able to swim and tread water to play. This competition is run **per term** and open for **Years 4/5/6**.

For more info please contact Steph Allen – jandsallen@ihug.co.nz

SUMMER SOCCER

Open for **Years 3-6** and runs for 6 or 7 weeks in **term 4**. All games are played at Shepherds Park on a Wednesday between 4.30-6.30pm. Registration notices will be sent home at the end of Term 3 beginning of Term 4 to those that show interest but copies can be collected from the office or downloaded from the sports section of the website when available.

For further info please contact Lara Campbell - laraandbrett@xtra.co.nz

TOUCH RUGBY – Summer League

Open for **years 0-6**, games are played in **Term 4** on a Monday evening between 5-7pm at Shepherds Park. This is a social summer season and children are not graded. Registration notices will be sent home at the end of Term 3 beginning of Term 4 to those showing interest but copies can be collected from the office or downloaded from the sports section of the website when available.

For further info please contact Cary McKechnie - carymckechnie@gmail.com

TOURNAMENTS

There are school tournaments for rugby, netball, soccer and cricket held throughout the year where we hope to give all those that are interested the opportunity to participate. Some tournaments have separate competitive and social grades and players will be placed in teams according to ability. Where possible these teams will be chosen by independent selectors.

For more information please contact Cary McKechnie - carymckechnie@gmail.com

INTER-SCHOOL SPORT ZONE DAYS

There are Interschool sports days for swimming, athletics and cross country.

For more information please contact Anaru Bickford - anaru@chelsea.school.nz

DANCE SPORT

Our team of 30+ dancers represented our school extremely well in the Dance4Schools competition during 2014 we had children in all of the semi finals with some placed in the finals, we look forward to seeing what the Dance Sport dancers can do during 2015.

For more information please contact Carole Carkeek - carole@chelsea.school.nz

WEETBIX TRYATHLON

The North Shore event will be held on **Sunday 22nd March 2015**. This is a fantastic introduction for kids into a multisport event. They are very achievable distances for ages 7 and up and the kids thoroughly enjoy them. You can enter your child online at try.weetbix.co.nz (be sure to select Chelsea School when asked your school Group) alternatively to get the school group discount you can register your child by returning the permission form to the school office with payment by 24th February.

If your child has not received a Registration form please collect a copy from the school office or download once from the sports section of the school website.

Plase note if your child is entering in a team of two, we cannot register the team until we have received both registration forms back.

For further info please contact Cary McKechnie carymckechnie@gmail.com

SHORE TO SHORE FUN RUN

The shore to shore fun run is a 5km event designed for families to run or walk from Takapuna Grammer School through to Milford Beach. It is held on the last Sunday of March each year. The Shore to Shore fun run for 2015 will be **Sunday 29th March**. Sports equipment is donated to the school depending on the number participants we enter through the school. So the more participants the more sports gear we earn.

For more information please contact either Anaru Bickford - anaru@chelsea.school.nz

SPORTS OUTSIDE OF THE SCHOOL:

There are a number of sports offered outside of the school which we have listed below for your informaiton only. If your child is interested in playing anyone of these then please contact the club directly.

Soccer: Terms 2-3. Played at Shepherds Park: (www.birkenheadunited.org.nz), available from 5 years and over. Look out for enrolment details in February each year.

Rugby: Northcote Rugby Club, ages 5 and over (Rippa Rugby is played for 5-6 year olds) (www.northcoterugby.co.nz)

Cricket: Birkenhead City Cricket Club run their season from Terms 4 through to Term 1. Ages 5 and over. Look out for enrolment during August/September each year (www.birkenheadcricket.co.nz)

Softball: Available through Softball North Harbour in Mairangi Bay, Terms 4 through to Term 1. (<http://www.northharboursoftball.co.nz/>)

Squash: Available at Beachhaven – for more info contact Paul Cornish (paulcornish@xtra.co.nz)

Tennis: There are a number of tennis clubs in the area offering coaching, interclub etc depending on ability.

Gymnastics: Northharbour Gymnastics offer a wide range of progams throughout the year. Check out their website for more details. (<http://www.nhgym.co.nz/>)

Athletics: The Calliope Athletic and Harrier Club run a Junior athletics programme look out for enrolment details during Term 3 -4. For more infor please contact Priscilla Stewart on 418 2256. (<http://www.calliopeahc.org/junior-athletics.html>)

If there are other sporting codes/events/teams you know of that are not listed and would add value please send through as many details as you can to Cary McKechnie – carymckechnie@gmail.com